

## **Praying the Armor Ephesians 6:10-20**

Heavenly Father, I ask You to help me to be strong in You today and in the power of Your might. Today I need Your Armor that You have prepared for me so that I can stand against all that the devil will throw my way. I pray that I will stand with your truth gird around my waist; I put on the breastplate of righteousness for Your name sake. I pray that my feet will be shod with the preparation of the gospel of peace and I take the shield of faith so that all the fiery darts of the wicked one will be quenched. I take the helmet of salvation and the sword of the Spirit, which is Your Word.

May I learn how to pray with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints. May utterance be given to me so that I might open my mouth boldly to make known the mystery of the gospel. Amen

## **Prayer-dressing: The Armor of God**

Lord, make me strong. Help me to depend on Your mighty power. Today I put on all of Your armor and in doing so You will give me the power to stand firm against the devil's evil plans. My fight is not against human beings. It is against the rulers, the authorities and the powers of this dark world. It is against spiritual forces of evil in the heavenly world.

So I need all of Your armor Lord. I know the days are evil, but you have equipped me to be able to stand up to anything. And after I have done everything I can, I will still be standing by Your mighty power.

In order to stand firm I put Your belt of truth around my waist. I put the armor of godliness You have provided on my chest. I place on my feet the gospel that will prepare me to tell the good news of peace to all You place in my path today. Also, I will pick up the shield of faith. With it, I will be able to put out all the flaming arrows of the evil one. I claim your helmet of salvation and take the sword of the Holy Spirit which is Your Word.

Give me Lord, the ability to pray by the power of the Spirit, all kinds of prayers. Help me to be watchful, so that I will always keep on praying for all of Your people who face the same battles I will today. This I ask in Jesus Holy Name. Amen

Prayer:

\*\* “Lord, I thank you for the spiritual weapons You have given me. I thank You that I don’t have to live in defeat but can stand in victory, not in my own strength but in your power. I recognize that people are not my problem but that I have a real enemy that I cannot see, but one who is seen by You.

Right now, I assemble the armor You have given me.

I will not be led by my emotions but by Your word which is truth. I submit, therefore, my emotional life to You and Your truth.

I submit my heart to the righteousness of Jesus Christ and refuse to trust in myself for righteousness. All righteousness comes from You.

I confess all know sin that stands between You and me and between others and myself. Show me if there is anything unresolved remaining in my life that will prohibit me from being able to witness today both verbally and by lifestyle. I am Your ambassador as I enter all my activities today.

Faith in You is my protection; I take you as my shield of protection. You are between me and the enemy. Help me to recognize the origin of every thought that comes to me today. I choose to bring all my thoughts captive to Your thoughts.

I place Your helmet of salvation upon my head. I have been redeemed. I have been delivered from this present evil age and transferred into the Kingdom of the Son who You love.

I take Your written Word and hide it in my heart. I yield my mind and my mouth to the Holy Spirit for Scripture recall and proclamation.

I yield my life to the filling of the Holy Spirit. Help me to walk on “high alert” to Your presence in my life today. In the Powerful Name of Jesus- Amen.

\*\*Taken from Women, Worldview, and the Word—Iva May